

Iwata City Children's Exam Schedule - Fiscal year 2019 (2019/April/1 to 2020/March/31)

- For 「1 year and 6 months exam」, 「Guidance 2 years」, 「Fluoride application, 2 years and 8 months」 and 「3 years exam」 notices are mailed, with the date and time scheduled close to equivalent age.
- In Toyooka Chūo Kōryū Center, 3 year exams and 1 year and 6 months exams will be held in the same date together.
- 「Baby food course」 and 「7 months course」 are advised in 「Newborn home visit」 (only person interested, there will be no translator and no appointment required).
- ※ To change the scheduled date of an exam, we ask you to call us without fail.



QRコードから

アプリストアから

母子モ

From: 「地域の子育て情報」→「磐田市の妊娠・子育て情報」→「子育てイベントカレンダー」 is possible to confirm the Children's Exam schedule.

3 years exam ※Application of fluoride.					2 years and 8 months Application of fluoride											
Ai Plaza 2nd floor				Toyooka Chūo Kōryū Center	Place	Ai Plaza 2nd floor										Toyooka Chūo Kōryū Center
13:00 to 13:30 pm					15:00 to 15:30 pm											
Boshi kenkō techō • Questionnaire • Urine					Boshi kenkō techō • Questionnaire											
Apr-25					Apr-25											
Apr-9	Apr-16	Apr-17	Apr-23	Apr-25	Born in 2015/Dec (H27.12月生)											
May-16	May-23	May-30		Jun-27	Born in 2016/Jan (H28.1月生)											
Jun-13	Jun-20	Jun-26		Jun-27	feb (2月生)											
Jul-10	Jul-18	Jul-25		Aug-29	mar (3月生)											
Aug-1	Aug-7	Aug-22		Aug-29	apr (4月生)											
Sep-12	Sep-19	Sep-25		Oct-10	may (5月生)											
Oct-3	Oct-17	Oct-24	Oct-30	Oct-10	jun (6月生)											
Nov-7	Nov-14	Nov-21	Nov-27	Dec-19	Apr-9	Apr-10	Apr-11	Apr-16	Apr-17	Apr-18	Apr-23	Apr-24	Apr-25	Born in 2017/Jan (H29.1月生)		
Dec-5	Dec-12	Dec-18	Dec-24	Dec-19	May-9	May-15	May-16	May-22	May-23	May-29	May-30		Jun-27	feb (2月生)		
Jan-9	Jan-16	Jan-23		Feb-20	Jun-6	Jun-12	Jun-13	Jun-19	Jun-20	Jun-26			Jun-27	mar (3月生)		
Feb-6	Feb-18	Feb-25		Feb-20	Jul-4	Jul-10	Jul-11	Jul-17	Jul-18	Jul-24	Jul-25		Aug-29	apr (4月生)		
Mar-4	Mar-10	Mar-12	Mar-19	Prevision 2020-Apr	Aug-1	Aug-7	Aug-8	Aug-21	Aug-22	Aug-28			Aug-29	may (5月生)		
					Sep-5	Sep-11	Sep-12	Sep-18	Sep-19	Sep-25			Oct-10	jun (6月生)		
【Address】					Oct-3	Oct-9	Oct-16	Oct-17	Oct-23	Oct-24	Oct-30		Oct-10	Born in 2018/Jan (H30.1月生)		
Ai Plaza Iwata-shi Kounodai 57-7					Nov-7	Nov-13	Nov-14	Nov-20	Nov-21	Nov-27	Nov-28		Dec-19	feb (2月生)		
Toyooka Chūo Kōryū Center Iwata-shi Ikkanji 76-5					Mar-4	Mar-5	Mar-10	Mar-11	Mar-12	Mar-18	Mar-19		Feb-20	mar (3月生)		
					Apr-9	Apr-10	Apr-11	Apr-16	Apr-17	Apr-18	Apr-23	Apr-24	Apr-25	apr (4月生)		
					May-9	May-15	May-16	May-22	May-23	May-29	May-30		Jun-27	may (5月生)		
					Jun-6	Jun-12	Jun-13	Jun-19	Jun-20	Jun-26			Jun-27	jun (6月生)		
					Jul-4	Jul-10	Jul-11	Jul-17	Jul-18	Jul-24	Jul-25		Aug-29	Prevision 2020-Apr		
					Aug-1	Aug-7	Aug-8	Aug-21	Aug-22	Aug-28			Aug-29			
					Sep-5	Sep-11	Sep-12	Sep-18	Sep-19	Sep-25			Oct-10			
					Oct-3	Oct-9	Oct-16	Oct-17	Oct-23	Oct-24	Oct-30		Oct-10			
					Nov-7	Nov-13	Nov-14	Nov-20	Nov-21	Nov-27	Nov-28		Dec-19			
					Dec-4	Dec-5	Dec-11	Dec-12	Dec-18	Dec-24	Dec-25		Dec-19			
					Jan-8	Jan-9	Jan-15	Jan-16	Jan-22	Jan-23			Feb-20			
					Feb-5	Feb-6	Feb-13	Feb-18	Feb-19	Feb-25	Feb-26		Feb-20			
					Mar-4	Mar-5	Mar-10	Mar-11	Mar-12	Mar-18	Mar-19		Prevision 2020-Apr			

Guidance 2 years ※Application of fluoride.					1 year and 6 m exam ※Application of fluoride.						
Ai Plaza 2nd floor				Toyooka Chūo Kōryū Center	Place	Ai Plaza 2nd floor				Toyooka Chūo Kōryū Center	
9:15 to 9:30 am					13:00 to 13:30 pm						
Boshi kenkō techō • Questionnaire					Boshi kenkō techō • Questionnaire						
Apr-10					Apr-25						
Apr-10	Apr-16	Apr-24		May-14	Born in 2017/Jan (H29.1月生)						
May-8	May-9	May-15	May-22	May-14	feb (2月生)						
Jun-6	Jun-11	Jun-12	Jun-19	May-14	mar (3月生)						
Jul-4	Jul-10	Jul-17		May-14	apr (4月生)						
Aug-1	Aug-7	Aug-21		Sep-3	may (5月生)						
Sep-5	Sep-11	Sep-18		Sep-3	jun (6月生)						
Oct-9	Oct-16	Oct-17		Sep-3	jul (7月生)						
Nov-6	Nov-7	Nov-13	Nov-19	Sep-3	aug (8月生)						
Dec-4	Dec-11	Dec-18	Dec-24	Jan-28	Apr-10	Apr-11	Apr-18	Apr-24	Apr-25	Born in 2018/Jan (H30.1月生)	
Jan-8	Jan-15	Jan-22		Jan-28	May-9	May-15	May-22	May-29	Jun-27	feb (2月生)	
Feb-18	Feb-19	Feb-25		Jan-28	Jun-6	Jun-12	Jun-19		Jun-27	mar (3月生)	
Mar-4	Mar-10	Mar-18		Jan-28	Jul-4	Jul-11	Jul-17	Jul-24	Aug-29	apr (4月生)	
					Aug-8	Aug-21	Aug-28		Aug-29	may (5月生)	
					Sep-5	Sep-11	Sep-18		Oct-10	jun (6月生)	
					Oct-9	Oct-16	Oct-23		Oct-10	jul (7月生)	
					Nov-13	Nov-20	Nov-28		Dec-19	aug (8月生)	
					Dec-4	Dec-11	Dec-25		Dec-19	Prevision 2020-Apr	
					Jan-8	Jan-15	Jan-22		Feb-20		
					Feb-5	Feb-13	Feb-19	Feb-26	Feb-20		
					Mar-5	Mar-11	Mar-18				

About 「Fluoride application」

Fluoride coats the teeth surface, making them stronger. The function is to create a layer that prevents caries by acid motif. A balanced alimentation along with brushing of the teeth increases the effect of fluoride application. Also, we recommend the use of fluoride toothpaste.

「Doctor and dentist」 accustomed to consult

★ Let's find a reliable doctor and dentist for consultation. It will get easier in cases of emergency, etc. On the homepage (<http://www.iwatamed.or.jp>) you can find information of hospitals/clinics of Iwata City, Iwata-shi Kyukan Center, vaccinations, etc.

ドクターガイドマップいわた 検索

「Machi no Hokenshitsu-Public Health Room」

They are held in Kōryū Centers of the city. Measurement of weight/height and orientation for babies. Check dates on the city website and informative 「Manabi no niwa」.

7 months course			Place	Baby food course	
Ai Plaza 2nd floor			Ai Plaza 2nd floor	Ai Plaza 2nd floor	
13:45 to 14:00 pm			9:30 to 9:45 am or 13:30 to 13:45 pm		
Boshi kenkō techō • Questionnaire			Boshi kenkō techō • Questionnaire		
Apr-4	Apr-5	Apr-5	Reception	Apr-19	Apr-26
May-20	May-21	May-21	To bring	May-10	May-17
Jun-17	Jun-18	Jun-18	Born in 2018/Sep (H30.9月生)	Jun-7	Jun-14
Jul-8	Jul-9	Jul-9	oct (10月生)	Jul-5	Jul-19
Aug-5	Aug-6	Aug-6	nov (11月生)	Aug-2	Aug-23
Sep-10	Sep-10	Sep-17	dec (12月生)	Sep-6	Sep-13
Oct-7	Oct-8	Oct-8	Born in 2019/Jan (H31.1月生)	Oct-4	Oct-18
Nov-11	Nov-12	Nov-12	feb (2月生)	Nov-8	Nov-22
Dec-9	Dec-10	Dec-10	mar (3月生)	Dec-6	Dec-13
Jan-27	Jan-28	Jan-28	apr (4月生)	Jan-10	Jan-24
Feb-20	Feb-27	Feb-27	may (5月生)	Feb-21	Feb-28
Mar-16	Mar-17	Mar-17	jun (6月生)	Mar-6	Mar-13
			jul (7月生)		
			aug (8月生)		
			sep (9月生)		
			oct (10月生)		

Campaign to improve daily rhythm. [Let's eat, move and sleep well.]

Of the 3 items, improving one of them, there will be improvement in daily life.

食 Let's eat well in the breakfast. Eating breakfast every day will make feces(poop) every morning, feeling healthy.

寝 Sleep more delay until 9:00 PM. Sleep will organize and maintain memory. It is important for the development of intellectual aspects.

動 Let's play and move until sweat a little. Playing around until 4:00 PM, body temperature will be high, will sleep well at night.

Source: books by Maebashi Akira [Kodomo nimo mama nimo yasashii Fureai taiken] [Seikatsu rizumu koujou daisakusen] [Ima, kodomo no kokoro to karada ga abunai]